



Recipe Dippy egg with Asparagus and Ham

Serves Two

Ingredients

Asparagus
2 eggs
Thin slivers of ham

Directions

Wash your hands and rinse the asparagus. Gently steam a couple of sprigs of asparagus.

Remove to a plate with a slotted spoon - mind your fingers. Boil a fresh free range egg for 3 minutes. Put the egg into an egg cup and bash the top so that you can remove it and expose the lovely yolk. Wrap the asparagus with thin slivers of ham and dip into the yolk - enjoy!