



Recipe _____ Pea and Mint Soup

Serves _____ Two

Ingredients

This recipe uses frozen peas as any fresh peas are eaten straight from the pod in our house!

- 500gm frozen peas
- 2 large sprigs of mint
- 500ml good chicken stock
- Salt and pepper

Directions

First wash your hands.
Then bring the peas and mint to the boil in the chicken stock.
Simmer for 3 minutes.
Remove from the heat, season generously and blitz in a liquidiser or with blender. If you want it to be really smooth, strain it through a sieve and reheat gently in saucepan.
Serve with a swirl of cream and garnish with mint leaves.