



Recipe Strawberry Fool

Serves Four

## Ingredients

- 250 ml double cream
- 250 ml quality ready made custard
- 300grams fresh ripe strawberries
- 15ml spoon of icing sugar

## Directions

Wash your hands and then you are ready to start.  
Whisk the double cream until it forms soft peaks and holds its shape.  
Fold in the custard.  
Wash the strawberries and crush with a potato masher.  
Stir in the icing sugar.  
Add the strawberry mixture to the cream mixture and fold the two together.  
Divide into serving dishes and chill until needed.