



Recipe Fruity Granola

Serves Two

Ingredients

- 450g porridge oats
- 50g flaked almonds
- 75g mixed seeds
- 1 tbsp honey
- 200g dried fruit eg sultanas, apricots

Directions

Preheat oven to 200C or gas mark 6.

Mix together oats, almonds, seeds and honey and place on large baking tray. Bake for 10 minutes. Allow to cool before mixing with dried fruit.

Serve granola with milk or yoghurt.